

# Department of Physical Medicine & Rehabilitation

## Jongbae Park, KMD, PhD, LAc



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View a video about the effectiveness of acupuncture from the perspective of one of Dr. Park's patients.

Download and print our new patient testimonials brochure.

### Titles

Assistant Professor, Director of Asian Medicine and Acupuncture Research, Editor of *Complementary Therapies in Medicine* (Elsevier), Inventor of Park Sham Device for Acupuncture Research (worldwide)

### Education

KMD, Korean Medicine, Kyung Hee University, Korea, 1995

PhD, Korean Medicine, Kyung Hee University, Korea, 2001

PhD, Medical Sciences, University of Exeter, UK, 2002

Postdoctoral Fellowship: Complementary Medicine, ILMAEK Medical Foundation, Peninsula Medical School, Universities of Exeter and Plymouth, UK, 2002-2004

LAc, North Carolina Acupuncture Licensing Board, 2008

### Sub-Specialties

- integrative medicine
- acupuncture for lower back pain, stroke, joint injury and other conditions
- herbal medicine research
- technology development in rehabilitation

### Funded Research

#### **Effectiveness of a Care Package for Low Back Pain with Disc Herniation: A Pragmatic Randomized Controlled Trial**

Funding Source: Jaseng Medical Foundation

PI: Jongbae Park, KMD, PHD, LAc

\$149,860

#### **Consultancy for Resident Research Activity for a Korean Teaching Hospital**

Funding Source: Jaseng Medical Foundation

PI: Jongbae Park, KMD, PhD, LAc

\$180,000

## Recent Articles

Bang H, Flaherty SP, Kolahi J, **Park J**. Blinding assessment in clinical trials: A review of statistical methods and a proposal of blinding assessment protocol. *Clinical Research and Regulatory Affairs*. 2010;27(2):42-51. Article Summary

Garland E, Gaylord S, **Park J**. The Role of Mindfulness in Positive Reappraisal, *EXPLORE*. 2009;5(1):37-44.

Lee H, Kim S-Y, Kim Y, **Park J**, Park H. Acupuncture for lowering blood pressure: A systematic review of randomized controlled trials. *Am J Hypertension*. 2009;22(1):122-8.

Lim B, **Park J**, Han C. Attempt to utilize and integrate traditional medicine in North Korea. *J Altern Complement Med*. 2009; 15(3):217-23.

Kim Y, **Park J**. Lee H, Bang H, Park H-J. Content Validity of an Acupuncture Sensation Questionnaire. *J Altern Complement Med*. 2008; 14(8):957-63.

**Park J**, Linde K, Manheimer E, Molsberger A, Sherman K, Smith C, Sung J, Vickers A, Schnyer R. The status and future of acupuncture clinical research. *J Altern Complement Med*. 2008 Sep;14(7):871-81.

Schnyer R, Lao L, Hammerschlag R, Wayne P, Langevin HM, Napadow V, Harris R, **Park J**, Milley R, Cohen M, MacPherson H. Society for Acupuncture Research: 2007 Conference Report: The status and future of acupuncture research: 10 years post-NIH consensus conference. *J Altern Complement Med*. 2008 Sep;14(7):859-60.

McDonough, SM, Liddle SD, Hunter R, Walsh DM, Glasgow P, Gormley G, Hurley D, Delitto A, **Park J**, Bradbury I and Baxter GD. Exercise and Manual Auricular Acupuncture: A Pilot Assessor-Blind Randomized Controlled Trial. *BMC Musculoskeletal Disorders*. 2008;9:31 (06 Mar 2008).

Yuan J, Purepong N, Kerr DP, **Park J**, Bradbury I, McDonough S. Effectiveness of acupuncture for low back pain: a systematic review. *Spine*. 2008 Nov 1;33(23):E887-900.

## Interviews

Article in *Health & Healing in the Triangle*, Vol. 11, No. 3.

## Current Professional Memberships

Board of Directors, Society for Acupuncture Research

Board of Directors, International Society for Complementary Medicine Research

Editorial Board Member, *American Journal of Chinese Medicine*

Member, American Congress of Rehabilitation Medicine